

The Emotionally Intelligent Leader

Duration: 5 HalfDays

Course Description:

Emotional intelligence is a critical element of effective leadership and personal excellence. Given the growing complexities of managing a diverse workforce, organizations need to develop emotionally intelligent leaders who demonstrate self-leadership and are confident, authentic, and engaging.

The Emotionally Intelligent Leader Online Program is an experiential and reflective learning program for managers and supervisors who would like to develop themselves into emotionally intelligent leaders who positively influence and motivate others to get things done.

The emotional intelligence of a leader is anchored on the person's ability to recognize, understand, manage, and respond to challenging situations with a positive attitude and growth mindset. It is a critical competency when it comes to interpersonal communications, leading people through change and adversity, and managing a diverse workforce – from Gen Xs to Millennials. The emotionally intelligent leader's self and social awareness will also serve as powerful tools in increasing his/her sphere of influence in the organization.

Course Objectives:

This course will allow participants to discover their current level of emotional intelligence and understand how to develop themselves as better leaders, managers, and individuals. The course will equip participants with skills, knowledge, tools, and techniques that will help them become emotionally intelligent leaders.

Target Audience:

The program is suitable for all people managers and millennial leaders at any level in the organization and is perfect for those managers who would like to increase their personal excellence and leadership effectiveness in managing their team.

Course Outlines:

- Self-mastery and Developing the Emotionally Intelligent Leader within You
- EQ Self-assessment, Profiling and Processing
- Self-awareness and Self-management
- Social-awareness, Empathy, and Social Relationships
- Personal Effectiveness Development Planning

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