

Basic Occupational Safety and Health (BOSH) SO 1

Duration: 1 Day

Course Outlines:

Module 1: Introduction to OSH

At the end of the session, participants will be able to:

- explain the importance of OSH, national OSH data; and
- state the legal basis of OSH.

Module 2a: General Concepts on OSH

At the end of the session, participants will be able to:

- discuss major theories of work accident causation;
- explain and differentiate between unsafe acts and unsafe conditions
- discuss and differentiate safety hazards from health hazards and
- differentiate between hazards and risks

Module 2b: Salient Features of OSH Legislation

At the end of the session, participants will be able to:

- explain the salient features of OSH legislations; and
- identify the prescribed administrative requirements and penalties for violations.

Module 3a: Industrial Hygiene and Chemical Safety

At the end of the session, participants will be able to:

- discuss the concepts of a chemical safety program focusing on proper chemical labeling and storage;
- enumerate different workplace hazards control and common work practices.

Module 3b: Basic Safety Rules

At the end of the session, participants will be able to:

- identify safety hazards in their workplace; and
- determine corresponding basic rules and control measures to such hazards

Module 4: Hazards Identification, Risk Assessment and Control (HIRAC)

At the end of the session, participants will be able to:

- conduct simple risks/hazards assessment, evaluation
- recommend appropriate control measures.

Module 5: Workplace Emergency Preparedness Program

At the end of the session, participants will be able to;

- explain the elements of workplace emergency preparedness program
- discuss basic preparations for common emergencies

Special Module: Prevention and Control of Covid-19 in the Workplace

At the end of the session, learners will be able to:

- describe the basic facts and recent information on CoViD-19;
- Recognize CoViD-19 as a workplace issue; and
- Identify relevant laws and guidelines on CoViD-19.

Special Topic: Employee Compensation Program

At the end of the session, participants will be able to:

- discuss the employee's compensation programs, entitlement and benefits.

Module 6: Capacity Building of Trainers on OSH

At the end of the session, participants will be able to:

- Explain the roles of safety officers in the conduct of OSH trainings;
- Enumerate and discuss the stages of the training cycle;
- Discuss basic presentation and facilitating skills;
- Prepare a training plan for their company.

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