

Basic Occupational Safety and Health (BOSH) SO 2

Duration: 4 Days

Course Outlines:

Day 1

Introduction: BOSH Framework

Module 1: Why the need for OSH?

- OSH Situationer
- Roles of Safety Officer
- Overview of HIRAC
- Unsafe Acts & Conditions

Workshop 1: Recognizing Unsafe Act/Conditions

- Theories of Accident Causation

Module 2: Workplace Risk Assessment Hazard Identification

Hazard Identification – Safety Hazards

- Poor Housekeeping
- Fire
- Use of Machine
- Material Handling
- Electricity

Hazard Identification - Health Hazards (Industrial Hygiene)

- Chemical Hazards
- Physical Hazards
- Biological Hazards
- Ergonomic Hazards

Workshop 2: Hazard Identification

Day 2:

- Evaluation of Risks Hazards
- Work Environment Measurement
- Medical Surveillance
- Review of Risk Assessment
- Workplace Risk Assessment

Workshop 3: Risk Assessment

Day 3:

Development of Control Measures

Control Measures of Health Hazards

- Engineering Control
- Administrative Control
- Use of Personal Protective Equipment

Control Measures Safety Hazards

- Engineering
- Administrative
- PPE

Workshop 4: Developing Control Measures

Module 3: Accident Causation: Risky Workplace & Risky Workers/Accident Investigation

- Accident Causation, Dangerous Occurrences, Accident Investigation, Imminent Danger and Work Stoppage Order
- Evaluating Safety Performance (FR and SR)

Workshop 5: Computing for FR and SR

Day 4:

Module 4: Integrating Activity

- Principles and Good Practices on Safety Inspection

Workshop 6:

- Exercise on OSH Inspection
- Findings Presentation /Critiquing

Module 5: Communicating OSH

- Fundamentals of Training of Trainers on OSH
- Common Communication Tools on OSH (Toolbox Meetings and OSH Committee Meetings)
- Developing an OSH Comm. Plan

Day 5

Module 6: Responses to OSH Issues and Concerns

- Workplace Emergency Preparedness

Special Module:

- Covid-19 Prevention and Control at the Workplace

Employees Compensation Program

OSH Legislations

- RA 11058, DO 198-18
- OSH Issuances
- Rule 1960
- Rights of Workers

OSH Program Development

Re-Entry Planning

Post Test

Evaluation/Closing

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